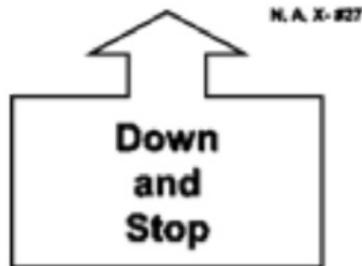




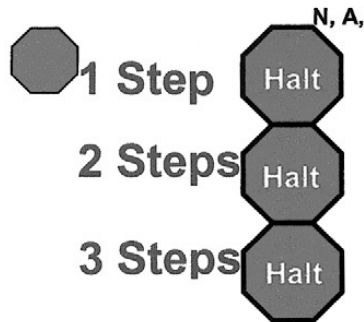
Rally-O Homework • Week 2

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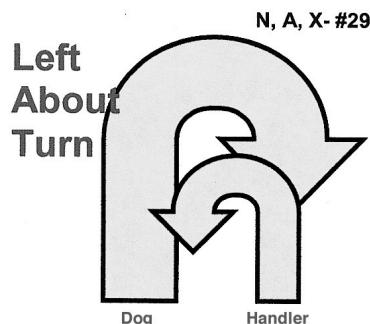
Stop and Down

You will see this sign in Level 1 AKC trials and Level 2 APDT trials. Your dog should go into a down directly from a forward motion without sitting first. Practice this first with your dog standing still and at ease. Once he will go into a down from a stand trying practicing with him in a heel. Lastly, practice with heeling in a forwards motion. Make sure to get his attention before giving the command by saying “ready?” or “guess what?” and then asking him to down. You can make this into a fun game for both you and your dog! Try using toys as well as treats to reward him and don’t forget to release him before he gets up.



Halt - 1,2,3 Steps Forward and Backwards

At this station you and your dog must halt (sit) with the sign on your right in the heel position. Take one step forward and halt, then two steps and halt, then three steps and halt. Your dog should move forward with you and sit each time you halt. Start by rewarding him each time he sits so he doesn’t get frustrated. Give verbal praise throughout the exercise. Once you have mastered this station now try a Call Front 1,2,3 Steps Backwards. From a heel position, call your dog into the front position. Take one step backwards and ask your dog to move with you and then ask for a sit. Then two steps and sit. Then three steps and sit. You want your dog to be almost stepping on your feet as he is moving with you. Try leaning back a little as you halt so he feels more comfortable sitting close to you. Ask for a left or right finish forward to get him back into heel position as you move to the next station.



Left About Turn

You will see this sign in Level 1 AKC trials and Level 2 APDT trials. While moving forward with your dog in heel position, perform an about turn to your left, while your dog turns to the right, moving behind your back. He then meets up with you in the heel position and you continue moving in the new (opposite) direction. Introduce this by placing a treat in your right hand while your dog is in the heel position, and hold it across the front of your body on your dog’s nose. While pivoting left, lure your dog with your right hand, bring it around your back, and switch the treat to your left hand. You then continue luring him with your left hand until he is back in the heel position (no sit) and move on the next station. Once you have mastered this station now try a Double Left About Turn. From a forwards motion execute a Left About Turn, take two steps and now do it again. You will end up the direction you started. This is a fun one!



N, A, X-#35

Call Front Return To Heel

While heeling stop and call your dog to the front position. Now ask your dog to stay while you walk around behind him (pass him on the right) and stop so you are now to the right of him again (heel position). Step with your right foot first so he knows he should be staying. This is a 180° change of direction, about turn. Remember to pause before moving forward.

Tips

In Rally there will be times when you will be required to leave your dog, walk six feet away and ask for a sit or down. Although you won't see these signs until you are competing in Excellent classes, it is a good idea to start practicing now. Start by creating a physical barrier (x-pen, baby gate, glass door) so your dog cannot follow you. Once your dog is behind the barrier ask for a sit and reward him when he does it. Now try stepping back and asking. Once he starts understanding what you are asking try to keep taking steps back. Once he gets good at it remove the barrier or make it less extreme. Jackpot him when he gets it right!

In Rally-O you are allowed to talk to your dog throughout the course in all levels! Verbal feedback is very important and is encouraged so your dog knows he is on the right track. You both should be working as a team and HAVING FUN!