



Puppy Intermediate Homework • Week 2

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Sit for Attention/Guests

- 1) If your dog wants your attention, tell him to sit. Now praise and pet!
- 2) Use a leash for this exercise until your dog begins to get the hang of it. Each time a stranger/friend approaches, tell your dog to sit. Use a lure if necessary. If your dog tries to jump up, say "off" and move your dog away from the friend (a time out). If your dog sits, say "yes" and reward with a treat/s and/or attention from the friend. Practice this while out on walks with your dog, too. When a stranger approaches, tell your dog to sit. See if your dog can hold the sit until the stranger passes by. Then say "yes" and reward with a treat.

Stay

Stand next to your dog. Ask your dog to sit/down. Say "stay." Introduce your stay hand signal. Say "yes" and reward. Now use a release word like "break" at the end of the exercise so your dog learns when he is finished with the stay. Build duration on your dog's stay. If you're having success, decrease the duration and introduce a little distraction (i.e. moving your arms/legs).

Wait at the Door

Stand in front of your dog near the door. Open the door a couple of inches. If your dog tries to bust past you, use your body and/or the door to block your dog's movement forward (be careful not to close your dog's nose in the door!).

Try this again and when your dog pauses, say "yes" and reward (in this case, going outside is the reward). As your dog starts to understand the exercise, add your verbal cue "wait" and open the door a bit wider. The goal is to be able to open the door wide and have your dog wait for permission to go through.

*When practicing wait at doors to the outside, always use a leash for safety.

Come (recall)

Be sure to practice this one daily! Some new games to try:

- 1) Inside: place toys/treats on shelves throughout the house that you can use as fun & surprising rewards for your dog's recalls.
- 2) Teach your dog to keep an eye on you! Play hide-and-seek with your dog in a safely enclosed area. Wait until your dog is a bit distracted and then hide. Peek out and as soon as your dog starts looking for you, call your dog. Give him help if he needs it by stepping out from your hiding spot. When he finds you, reward with a treat/toy.

Close (walk without pulling)

Now is the time to teach loose leash walking skills to your dog! If you are consistent here, your dog will learn that a loose leash = go, and a tight one = stop. If you give in to the pulling and follow behind, your dog is being effectively trained to pull!

Goal for this week:

Your dog begins to learn stay and wait. He is learning to respond to his name, sit and down with increased distractions. He is learning to walk on a loose leash and to politely greet people.

*****Bring a dog bed/towel next week!*****