



## Games & Tricks • Week 3

Susan H. Fletcher, CPDT-KA

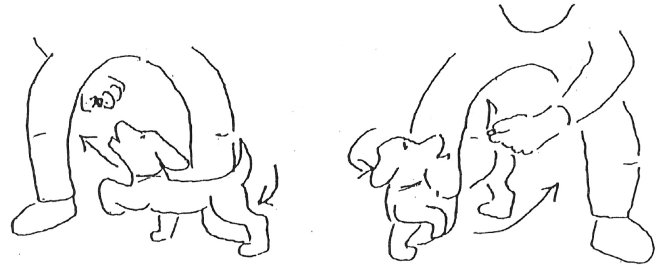
### Figure Eight (Go Through My Legs)

Lure your dog to walk through your legs.

It can be from front to back or back to front.

Drop the treat or hand it to your dog for going a little farther each time.

Bring him around the corner and show him through the opposite direction until you get a complete figure eight.



### U-turn Stretch from Figure Eight

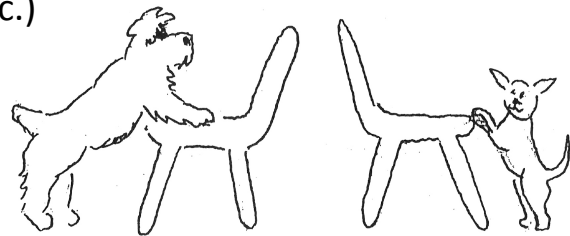
lightly hold your dog in the midst of the figure eight while he's chewing on a treat so he will hold a side stretch.



### Paws Up (Front Paws on Bench, Stairs, etc.)

Lure your dog up over a platform until he puts his front paws on it. Mark with "Yes!" and treat.

Keep him there by linking several together while he watches you or looks at the treat.



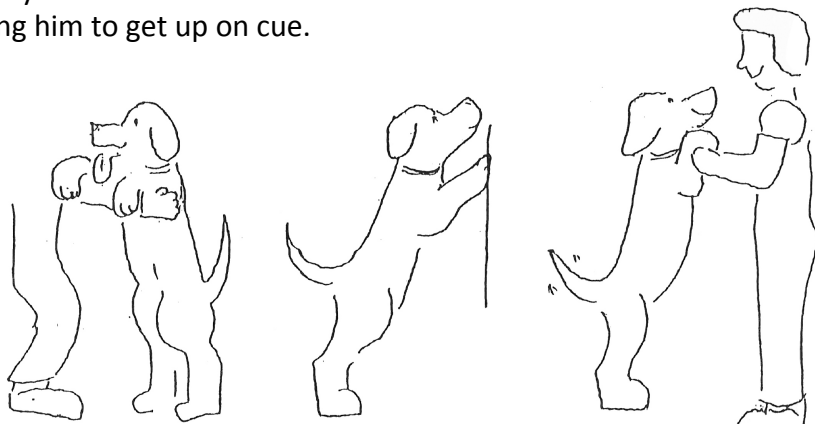
### Stand Up (Touch Wall, Hang Ten, Give Me a Hug, Dance)

Encourage your dog to lift his upper body upwards.

He can brace his feet on the wall, over your arm, or just balance. Mark with "yes" and reward.

It's good exercise to go from a sit up to a stand up and back, but it's also hard to do so don't over do it.

Practice so he knows to listen to you and know the difference between sit stay to be petted and allowing him to get up on cue.



## Jump Hoop

### Stage 1

Get an appropriate sized hoop. Put the hoop on the ground.  
Hold it down with your foot so it doesn't move and startle your dog.  
Show it to your dog.  
Have him walk across the hoop, sit in, down in, etc.

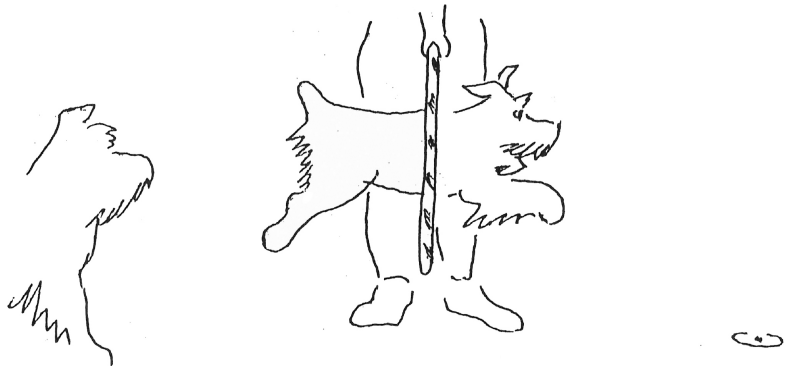


### Stage 2

If he's okay with this step, pick it up and clamp it between your knees to keep it steady.  
Lure him through it and either drop the treat on the ground or have him go to a target,  
You need to do this to keep his body straight and not arcing back toward you to get the treat.  
If he comes back to you, he's likely to catch his hip in the hoop and knock it out of kilter and get all caught up in it.

### Stage 3

Once he's going through comfortably,  
have him start from a sit stay,  
release him to go through the hoop  
and to the treat/target.



### Stage 4

Gradually build distance.

## \*\*\*Assignment for Final Week!\*\*\*

For week five's graduation class, put together a minimum of six tricks into a little routine.

- Have a reason they go together. It does not have to be elaborate.
- It is okay to repeat a trick
- More than six tricks is fine.
- Routine should be no longer than a minute.
- It is okay if it is short.